

# **BIRMINGHAM MASTERS**

## **December 2009 Newsletter**

**Edited by Bob Cramb**

### **December Update from BMSC**

Lots of small but important details to report as Christmas draws closer and closer.

### **T-30 Swim December 6**

If you have been training recently this will not have escaped your consciousness as there has been T-10 - T-25 swims in training! However, the real thing is on Sunday December 6. There are 2 sets of swimmers in for the T-30 so in order to ensure that we get some warm up time please ensure that you arrive promptly at the pool on Sunday evening.

And please note that there is no training on Sunday due to the T-30 swim!

### **End of Season Dinner Dance (aka Christmas comes early party)**

A very successful dinner was held at the Edgbaston Golf Club once again and as always there are individuals to thank:

- To Harriet for all the work she put into organising the event; behind the scenes she collected the cash, collated the meal choices, thought of quiz ideas, organised the table names, place settings and more! It is a lot of work so please feel free to volunteer some help (the volunteer hunting squad will be named soon) to help organise the event. Please feel free to discuss this with Harriet and let her know if you might like to get involved - anyway most of the meetings take place in the pub!
- To Lorraine who books and liaises with the venue, sorts out the photo show & provides her own computer & projector - all this is done from a distance - she lives in Taunton!!
- To secure the venue we are pre-booking the Golf club again with a similar date of 27 November 2010 - so please please put it in your (new) diaries.
- Special thanks to Steve Green who quietly but efficiently produced the many club awards. These were:

- Swim of the Year Hayley Bettinson for her 50m Fly World record,
  - Most Improved male swimmer Stephen Langford
  - Most improved (and surprised) female swimmer Sue Cramb
  - Male PB of the year Luke Swain
  - Female PB Kim Winwood
  - Swim of the Meet Mick Marshall for his 1500m swim at Sheffield in British and European record times
  - Swimmer of the year John Tennant for numerous British records set all over the world this year!
- Thanks were given to the staff at the Edgbaston Golf Club: the food was excellent for such a big event.
  - And to everybody who attended- well you seemed to enjoy it (!) the frocks were gorgeous, the drinks flowed & dancing was energetic. We were very late leaving the venue but no one seemed to mind!

### Shrewsbury: New Year Gala January 10 2010

This is a shake the cobwebs out meet with a restricted number of events and a supper and Ceilidh afterwards. I am told it is a great event and we need to field a few people to get the club award so do not be shy and enter (much cheaper than Sheffield) to see if we can win the best club award!

### Pool Closure

King Edwards pool closes for Christmas and New Year and the dates are:  
 Last swimming session: Tuesday December 22.  
 First session of the New Year: Tuesday January 5.

### Correction

A couple of corrections from the previous newsletter. Although I carefully checked the official website the details of Alison Peakman's Great North Swim were incorrect. Her result was 20<sup>th</sup> woman overall and 17<sup>th</sup> in age group.

And another missed opportunity in the newsletter last time failed to note that Alison holds all 3 backstroke national age group titles over both long and short course distances!

## YouTube

John Tennant pointed me toward this website with an interesting interview on a chap who is in his age group who competed in the world masters games (John ruefully notes that he was glad to avoid him in his events!). For the older swimmers there is a lot of inspiration (but training every morning @ 6.00 am!). Enjoy?

[http://www.youtube.com/watch?v=lvrLZ3L80QA&feature=channel\\_page](http://www.youtube.com/watch?v=lvrLZ3L80QA&feature=channel_page)

## Tip of the Month

I promised this last newsletter; not quite ready but I suppose I can say have a very merry Christmas and happy and peaceful New Year and do not eat too many mince pies (or drink too much?; well not as much as your doctor!).

## Miscellaneous Points: repeated due to their importance

Insurance: Please could all our members ensure that any prospective new swimmers fill details of who they are and contact numbers and addresses even if they eventually do not end up joining the club! If by any chance there is a problem it would not be good form if we had no idea of their details!

New Members: Beginning in the new year we shall issue a questionnaire to all new members when they join (and pay) so that we have their details to fulfil all of the insurance data. We also intend to take pictures of new members so that we can ensure that they are known to all of us.