

BIRMINGHAM MASTERS

September 2009 Newsletter

Edited by Bob Cramb

September Update from BMSC

Hello swimmers this is an interim newsletter: a news update with a few reminders.

Nationals

The National Championships in Sheffield (23-25 Oct) are looming: please consider entering & put in the application ASAP. The final date is **5.00pm on Wednesday 23rd September 2009**. Please note that applications can be done on-line and if you have already competed this year you will find that your times are automatically brought into your entry form saving you the embarrassment of looking through all these events (just what time did I do?). Remember that we are always looking for relay swimmers. You may not think you have any chance but relays often pitch up some surprises and Keith reviews potential times and we can field some very competitive teams with our age ranges and swimmers. Even if you travel up for just one day this can give the opportunity to some swimmers to be competitive in one event and encourage enthusiasm to swim just a bit more!

If you decide to join us then please note the following from Pauline:

*If you require accommodation please complete the form at the end of the newsletter and return it to me by **20 SEPTEMBER** with a deposit of **£15 per person** (payable to 'Park Inn Sheffield')*

If you would also like to attend the Saturday evening meal please tick the box below.

Swimming Club Kit

When we appear at swimming competitions it really is a big morale boost to wear our club swimming kit. We have a very competitive club and there is psychology in letting the opposition know who you are! To encourage everybody to buy kit we are having a special event on **September 13 & 20** with some bargains in club kit so roll up and see Jim. On those dates there will be flapjacks & juice to encourage you to stay a few minutes & replace the thousands of Kcals we are burning off in training (is anyone else finding it hard?).

Social events

Thanks to Harriet & Pete for the steady stream of interesting events. Before we know it our main event of the year will be with us: **Saturday 28 November** at Edgbaston Golf Club. This is a dinner & disco & also our award ceremony. We will soon be asking you to sign up, so please make sure you have it in your diaries. The price has yet to be decided but will be approx £35pp. It is always a popular event & numbers are limited so get those cheque books ready!

Committee meeting

Gentle reminder to our committee members: the next meeting is on Tuesday 15 September in the KE pavilion at 7-00 pm. Please remind each other & look forward to seeing you there.

Sue

NATIONAL MASTERS SWIMMING CHAMPIONSHIPS

23 - 24 October 2009 SHEFFIELD

ACCOMMODATION

Accommodation has been booked at the Park Inn (formerly the Hotel Bristol) Blonk Street, for Friday 23 and Saturday 24 October.

For those who have not stayed there before the hotel is only a few minutes walk from the pool.
There is a car park above the hotel and the cost is £4.00 for 24 hours.

I have booked 8 Twin rooms, 8 Double rooms and 6 Single rooms. The twin rooms could be made into a triple by using the sofa bed.
Where possible please organise who you wish to share with.

The cost is per room and includes breakfast.

Cost:	Single	£70 per room per night
	Twin/Double	£75 per room per night (£37.50 each)
	Triple	£80 per room per night (£24.00 each)

SATURDAY EVENING MEAL

A meal has been booked in the Park Inn for the Saturday evening for 30 people at 7.30pm. The Hotel will produce a 'Swimmers Menu' which I will circulate the week before.

BOOKING

If you require accommodation please complete the form below and return it to me by **20 SEPTEMBER** with a deposit of **£15 per person** (payable to 'Park Inn Sheffield')
If you would also like to attend the Saturday evening meal please tick the box below.

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National Masters Swimming Championships 2009 Accommodation Booking Form

Name/s.....

Contact No (D)..... (E).....

Email.....

Accommodation (Please tick)

Friday 23 Oct Sat 24 Oct Single Double Twin Triple

Saturday Evening Meal (Please tick)

I/we would like to attend the Saturday Evening Meal

Deposit

Deposit of £15 per person enclosed Cheque Cash Amount.....

Cheque payable to 'Park Inn Sheffield'

Date Received by Pauline..... (Pauline to complete)